

## CPR Training at The Samaya Seminyak

Bali, February 1<sup>st</sup> 2016

CPR or Cardiopulmonary Resuscitation is a lifesaving technique used in many emergency situations such as heart attack or near drowning. This technique is used to maintain circulatory flow of a patient or victim by supplying oxygen through his/her mouth and giving chest compressions.

On January 25<sup>th</sup> and 26<sup>th</sup> 2016, the staffs at The Samaya Seminyak got the opportunity to attend CPR training which was held by Mr. Leo Moran, a paramedic from Rural Ambulance Victoria. The training on each day was divided into 2 sessions. The description of CPR, the function of CPR and how to do CPR correctly were given during first session at the meeting room. The second session was held at one of beachside villa and during this session, each staff was invited to practice CPR technique. Besides, Mr. Moran also taught how to use defibrillator; a machine used to deliver therapeutic shock to the heart.

The Samaya Seminyak is the first hotel/ resort in Bali which is equipped with defibrillator. Therefore, with this training program the staffs at The Samaya Seminyak are expected to be able to help if there is any guest or people nearby who has a heart attack or stroke and require CPR. (smy/sh)

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