

Hot & Cold

freshly squeezed juices & lassie

orange, watermelon, pineapple, banana, papaya, apple, carrot or mixed tropical fruit
(plus seasonal fruits. Please ask your server)

coffee selection

decaffeinated coffee, freshly brewed of espresso, cappuccino, café latte
moccacino, latte macchiato, flat white, babyccino, ice vanilla coffee

organic samaya teas selection

english breakfast, earl grey, black darjeeling, green sencha,
peppermint, rosella

twinings

english breakfast, earl grey, black darjeeling, green sencha, green jasmine, peppermint,
chamomile

asian teas

ginger, lemongrass, peppermint

hot or cold milk

hot or cold chocolate

worldly

Indonesian breakfast

tropical fruit or fruit juice

nasi or mie goreng - wok fried rice or noodles, baby squid, prawns, cabbage, sambal
with egg, satay, vegetable pickles, prawn crackers and tea or coffee

American breakfast

freshly squeezed juice, bakery selection, preserves, honey and butter, either fruit or cereal
your choice of one dish from our “free style” selection and tea or coffee

Japanese breakfast

grilled salmon, omelette, miso soup, nasu no toriankake, vegetable pickles,
wakame cucumber pickle, seafood kakiage, steamed rice, salad and fruits

Continental breakfast

freshly squeezed juice, bakery selection, platter of beef salami, chicken pepper ham, pork
prosciutto, cheese selections and coffee or tea

from our bakery

daily selection of croissants, danishes, muffins, whole wheat & white toast, honey & jams
a choice of whole wheat bread, ciabatta, white toast, english muffins, pretzel, baguette

leafs

rucolla & dried tomato salad with orange vinaigrette & garlic crouton

mix lettuce, gherkin, cucumber & tomato salad

with lavosh and choice of dressing (cocktail/lemon aioli/balsamic dressing)

greek salad, sweet paprika, red onion, black olive, feta cheese with light vinaigrette

free style

smoked tasmanian salmon

toasted ciabatta, scrambled eggs, crème fraîche, chives

eggs benedict

coated with hollandaise sauce with toasted english muffin, ham, asparagus, accompaniment of the day

breakfast enchiladas

chicken sausages, cajun scrambled egg, green onion & coriander rolled in tortilla flour topped with cheese sauce & tomato salsa

vegetarian quiche, mushroom, feta cheese, tomato, leek
with herb tomato sauce, onion & grilled asparagus

creamy scrambled eggs

served on toasted english muffin, bacon, mushrooms

traditional bacon 'n' eggs " fried / poached / scrambled "

with white toast, tomatoes & potato of the day

choice of 2 or 3 egg omelettes

with choices of mushrooms, ham, onion, tomato, capsicum, jalapeno, spring onion, cheddar, goat cheese with accompaniment of the day

croque monsieur

a sandwich of emmental cheese, ham, dijon mustard, pan-fried in butter

croque madame as above, topped with a fried egg and glazed with a white sauce

eggstra's

asparagus with hollandaise sauce
sauté mushroom
potato of the day
pork/ beef/ chicken sausage
black puddings
grilled back or crispy bacon
homemade baked beans

light 'n' healthy

muesli, dried fruit, honey yoghurt
two boiled eggs, whole wheat toast, papaya, lime
strawberries, orange wedges fruit with vanilla yoghurt
tropical fruit plate

cereals

corn flakes, rice bubbles, coco pops, weet-bix , granola served with choice of plain milk, soya milk, skimmed milk, yoghurt or low fat yoghurt



All dishes that are normally served with traditional breads, can be changed with gluten free products, your server can assist.